



Making Classrooms Better: 50 Practical Applications of Mind, Brain, and Education Science

Tracey Tokuhama-Espinosa

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A practical, classroom-oriented guide to best-practice teaching.

Learning specialist Leslie Hart once wrote that designing educational experiences without knowledge of the brain is like designing a glove without knowledge of the hand. *Making Classrooms Better* takes this concept a step further, building from general knowledge of brain-based education science and current educational research to offer specific suggestions for how teachers can improve student learning outcomes. Covering a range of subjects, from creating an optimal classroom climate to maximizing metacognitive skill development, this well-researched, state-of-the-art guide is an essential resource for highly effective practices that teachers, administrators, and curriculum planners can easily use.

The first half of the book provides a practical overview of teaching from a Mind, Brain, and Education perspective through an understanding of the intersection of the fields of neuroscience, psychology, and pedagogy. The second half shares 50 evidence-based classroom “best practices” that have a proven positive impact on student learning outcomes and explains why they work.



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