



Defensive Shooting for Real-Life Encounters: A Critical Look at Current Training Methods

Ralph Mroz

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In this insightful analysis of shooting and fighting instruction, noted firearms expert Ralph Mroz examines the myths and misinformation that plague the gun community. From the five deadly training traps to unrealistic training exercises to concealed-carry mistakes, Mroz offers solutions to help defensive shooters snap out of their routines and become better and safer with their firearms. Mroz, whose articles have appeared in *Combat Handguns* and *Guns* magazines, takes a no-nonsense approach to such topics as the need for empty-hands skills, range training vs. real-world training, the problem of range standards, understanding and developing startle recovery, and more.

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