



## Ballet Azul (Spanish Edition)

*Luis Urrutia*

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## **Ballet Azul (Spanish Edition)** Luis Urrutia

Hoy es algo normal, pero lo que hizo la "U" hace 60 años revolucionó lo conocido en nuestro fútbol: los médicos y dentistas examinaban periódicamente a los chicos; visitadoras sociales se encargaban de comprobar las condiciones en que vivían (y los "internaban" en casas del club si esos ambientes no eran propicios); los ayudantes del técnico revisaban el rendimiento escolar (y el que sacaba rojos no jugaba el domingo); se les reforzaba la alimentación y se vigilaba que nadie entrenara sin desayuno. Preparación física en la mañana, perfeccionamiento técnico en la tarde, introducción a la táctica al anochecer, reforzamiento psicológico antes de dormir.

Son épocas y condiciones distintas. Lo indiscutible es que el Ballet Azul es la expresión más prolongada de un proceso serio. Colo Colo tiene más títulos en su historia. Pero ningún equipo se mantuvo en la cúspide, sin bajar del cuarto puesto durante más de una década. Esta es su historia.

Una investigación contundente, sostenida por la voz de sus protagonistas y los datos que ahorran toda discusión. El libro definitivo de un equipo transformado en leyenda.

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