



# **The Adolescent in Turmoil (Monograph of the International Society for Adolescent Psychi)**

*Allen Z. Schwartzberg*

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An in-depth overview, this book examines major current problems faced by today's adolescents. Authored by 16 leading international experts, the book presents some of the latest research on the depressed and suicidal adolescent, assessment procedures, psychotherapeutic and psychopharmacological treatments, eating disorders, and violence. Scholarly, yet practical, this volume will be a vital source of information to all scholars, mental health professionals, and students concerned with adolescent behavior.

The book commences with a broad array of developmental issues in normal and pathological adolescents ranging from self-esteem, gender-identity disorders, attachment and detachment, borderline psychodynamics, psychosexual trauma, and finally, dynamic factors in the resilient adolescent. Next, the book focuses on depression, the suicidal adolescent, and a study of double suicide attempts. The aggressive adolescent is addressed from the broad array of sociological, psychological, biological, and psychopharmacological aspects of aggressive behavior, as well as an interesting study of parents battered by adolescents. Finally, an integrated approach to adolescents with eating disorders and anorexia nervosa is discussed. This book will be a source of information for all scholars, mental health professionals, students, and allied professionals concerned with the problems of adolescents.

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