



# The Heart of the Plate: Vegetarian Recipes for a New Generation

*Mollie Katzen*

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## **The Heart of the Plate: Vegetarian Recipes for a New Generation** Mollie Katzen

With *The Moosewood Cookbook*, Mollie Katzen changed the way a generation cooked and brought vegetarian cuisine into the mainstream. In *The Heart of the Plate*, she completely reinvents the vegetarian repertoire, unveiling a collection of beautiful, healthful, and unfussy dishes — her “absolutely most loved.” Her new cuisine is light, sharp, simple, and modular; her inimitable voice is as personal, helpful, clear, and funny as ever. Whether it’s a salad of kale and angel hair pasta with orange chili oil or a seasonal autumn lasagna, these dishes are celebrations of vegetables. They feature layered dishes that juxtapose colors and textures: orange rice with black beans, or tiny buttermilk corn cakes on a Peruvian potato stew. Suppers from the oven, like vegetable pizza and mushroom popover pie, are comforting but never stodgy. Burgers and savory pancakes — from eggplant Parmesan burgers to zucchini ricotta cloud cakes — make weeknight dinners fresh and exciting. “Optional Enhancements” allow cooks to customize every recipe. *The Heart of the Plate* is vibrantly illustrated with photographs and original watercolors by the author herself.



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