



# On Training and Performance: Traces of an Odin Teatret Actress

*Roberta Carreri*

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"Outstanding ... a technical manual (for actors and directors), an historical document of importance, and a volume that is a delight to read." Ian Watson, Rutgers

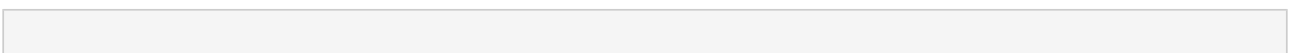
"An extremely valuable personal account of Roberta Carreri's process as an actor." Alison Hodge, Artistic Director, The Quick and the Dead

"An excellent book with a unique voice." Ben Spatz, University of Huddersfield

Roberta Carreri is one of acclaimed theatre company Odin Teatret's longest-serving actors, and the last to be trained by Eugenio Barba himself. In this book, she relives the milestones of her professional journey, including:

- her first experiences of street theatre
- the discovery of Asian performance traditions
- pedagogical activities and character creation
- encounters with artists and spectators
- the inception of her solo performances, *Judith* and *Salt*

Interwoven with rich photographic documentation and a wealth of biographical information, this inspiring handbook reveals the professional secrets of an Odin Teatret actor as well as the story of a life of work, research, and passion.



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