



On Training and Performance: Traces of an Odin Teatret Actress

Roberta Carreri

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"Outstanding ... a technical manual (for actors and directors), an historical document of importance, and a volume that is a delight to read." Ian Watson, Rutgers

"An extremely valuable personal account of Roberta Carreri's process as an actor." Alison Hodge, Artistic Director, The Quick and the Dead

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Roberta Carreri is one of acclaimed theatre company Odin Teatret's longest-serving actors, and the last to be trained by Eugenio Barba himself. In this book, she relives the milestones of her professional journey, including:

- her first experiences of street theatre
- the discovery of Asian performance traditions
- pedagogical activities and character creation
- encounters with artists and spectators
- the inception of her solo performances, *Judith* and *Salt*

Interwoven with rich photographic documentation and a wealth of biographical information, this inspiring handbook reveals the professional secrets of an Odin Teatret actor as well as the story of a life of work, research, and passion.

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