



Why I Fight: The Belt Is Just an Accessory

Jay Dee "B.J." Penn, Dave Weintraub

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Claiming that “the belt is just an accessory,” Ultimate Fighting Championship (UFC) Lightweight Champion B.J. Penn explains *Why I Fight* in this honest, intimate, and fascinating memoir. Written with David Weintraub, *Why I Fight* is an unforgettable portrait of one of the top and most recognizable mixed martial artists in the UFC and an up-close look at one of the most exciting and fastest growing sports in the world. UFC and Jiu-Jitsu aficionados—and fans of *Iceman*, *A Fighter's Heart*, and Bruce Lee's classic *The Tao of Jeet Kun Do*—will want to explore *Why I Fight*.



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