



## Jump With Joy: Positive Coaching for Horse and Rider

*Sarah Blanchard*

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Many riders want to try jumping, but are intimidated. This guide helps riders of every age safely learn to jump by presenting a natural approach with progressive, step-by-step exercises, full explanations, and lots of photos and diagrams. It covers everything from preparing a green horse for the first jump to riding a challenging course in a show ring. It includes guidelines for every discipline and every breed of horse, plus information on the demands of different competitive events.

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