



Yoga a la siciliana (Spanish Edition)

Eduardo Jáuregui

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Un pequeño pueblo de Sicilia, un lugar de agreste belleza, vibrante de colores, aromas y sabores.

Cuando hereda una casa junto al mar, Lisa Vogel, ejecutiva reconvertida en profesora de yoga, está convencida de que finalmente podrá dejar atrás sus crisis personales y laborales y emprender el camino hacia la felicidad. Sin embargo, la isla no está habitada únicamente por gentes amables y bienintencionadas, sino que guarda más de un secreto relacionado con su familia...

A Lisa le esperan muchas aventuras, y enamorarse del hombre equivocado es apenas una de ellas.

Eduardo Jáuregui es psicólogo, especializado en el sentido del humor y la psicología positiva y cofundador de la consultora Humor Positivo.

Ha publicado varios libros, entre ellos Juicio a los humanos, El sentido del humor y Conversaciones con mi gata. Durante seis meses enseñó yoga en Sicilia.

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