



The Power of Doing Less: Why Time Management Courses Don't Work And How To Spend Your Precious Life On The Things That Really Matter

Fergus O'Connell

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Overloaded? I'll bet you are.

We all lead busy lives. You fall into bed exhausted at the end of the day, feeling that you've got a lot done. Perhaps you *are* getting lots done.

But is it stuff that really matters? Or is it just *stuff*?

It's time to wise up. You will *never clear that list*.

Get used to the idea that some things will never get done. Not delayed. Not rescheduled. Not re-prioritized. But simply dropped.

And from now on, instead of trying to clear that endless to-do list, you're going to do a much smarter thing. You're going to *just do the important stuff*.

And the brilliant thing is, you already have the power to do this.

That power is to *do less*.

Soon enough, you'll have the space to enjoy the moment, be creative, find new or better ways of doing things, get ideas, and spot opportunities you would have missed when you were running around.

In short – you'll be happier. Much happier.

As soon as you *stop* doing, the power of doing less will begin to flow.

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Hazel Freese:

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Carl Speed:

Exactly why? Because this The Power of Doing Less: Why Time Management Courses Don't Work And How To Spend Your Precious Life On The Things That Really Matter is an unordinary book that the inside of the publication waiting for you to snap the item but latter it will jolt you with the secret this inside. Reading this book close to it was fantastic author who also write the book in such awesome way makes the content interior easier to understand, entertaining technique but still convey the meaning totally. So , it is good for you for not hesitating having this any longer or you going to regret it. This excellent book will give you a lot of benefits than the other book include such as help improving your ability and your critical thinking way. So , still want to hold off having that book? If I had been you I will go to the e-book store hurriedly.

Macie Tiffany:

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