



Love & Salt: A Spiritual Friendship Shared in Letters

Amy Andrews, Jessica Mesman Griffith

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When Amy Andrews and Jessica Mesman Griffith met in a creative writing class in graduate school, they both confessed to writing about God. They bonded one night while reading the Book of Ruth and came to truly understand the unlikely friendship of Ruth and Naomi. In these two Old Testament women, they witnessed a beautiful spiritual friendship and a way of walking with one another toward God.

But how could they travel this path together when they would be separated by distance and time and leading busy lives as they established marriages and careers? They decided to write letters to each other—at first, for each day of Lent, but those days extended into years. Their letters became a memoir in real time and reveal deeply personal and profound accounts of conversion, motherhood, and crushing tragedy; through it all, their faith and friendship sustained them.

Told through the timeless medium of letters—in prose that is raw and intimate, humorous and poetic—*Love & Salt* is at its core the emotional struggle of how one spiritual friendship is formed and tested in tragedy, tempered and proven in hope.



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