



The Daily Bean: 175 Easy and Creative Bean Recipes for Breakfast, Lunch, Dinner....And, Yes, Dessert

Suzanne Caciola White

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All These Recipes from Beans?!?

Incredibly, deliciously, YES!

What better ways to get the best from the bean?

Bring the healthy bounty of the bean to all corners of your table with these easy recipes for luscious chocolate tortes, fresh salads, flavorful pastas, satisfying soups and stews, moist coffee cakes, even brownies—all making the most of the bean. Here's a sampling of the recipes you'll find inside:

Crab and Black Bean Bisque • Mocha Lentil Cake • White Bean and Banana Breakfast Fritters • Spiral Pasta with Asparagus and Butter Beans • Double Chocolate Walnut Black Bean Bread • Island Baked Beans • Bean, I Mean, Cream Puffs

Taking the bean from peasant fare to epicurean adventure, these recipes come to us from author Suzanne Caciola White's friends and family, from her own hearth and table, and from fellow chefs who share her passion for the healthful, beautiful bean.



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