



Avalanche Essentials: A Step-by-Step System for Safety and Survival

Bruce Tremper

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Avalanche safety educator Bruce Tremper's recently published *Avalanche Essentials* is a terrific little tome that condenses the conventional wisdom into 189 pages. The book is profusely illustrated with numerous diagrams and real-life photos. A thorough index rounds things out, making the book useful for research or as a fulcrum during safety classes and seminars. -- Wildsnow.com

CLICK HERE to download the first chapter on "How Dangerous Is The Brain" from *Avalanche Essentials*

- * Easy-to-understand safety tips and checklists to help anyone stay safer in avalanche terrain
- * Small, take-along resource to reference in the field and assist decision making
- * Companion to *Staying Alive in Avalanche Terrain*, the bestselling avalanche text in the U.S.

Winter athletes don't necessarily want to be snow scientists, but playing in avalanche country does require basic knowledge of the risks in order to stay safe. This new guide by renowned avalanche expert Bruce Tremper is simple, accessible, and offers just the basics — an Everyman's guide to avalanche safety that won't overtax your average ski bums, but will keep them safe when they're going for 12 consecutive months of powder. *Avalanche Essentials* is for everyone who wants to learn the fundamentals of avalanche awareness, focusing on systems and checklists, step-by-step procedures, decision-making aids, visual terrain and weather cues, rescue techniques, gear, and more.

Avalanche Essentials is intended for broader use by skiers, snowboarders, snowmobilers, hikers, climbers, and snowshoers. Because it steers clear of more complex topics (e.g., snow metamorphism), it's perfect for generalists as well as anyone who has studied avalanche safety and likes to keep a pocket reference while in potentially dangerous terrain.



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From reader reviews:

Peter Pitts:

This Avalanche Essentials: A Step-by-Step System for Safety and Survival book is simply not ordinary book, you have after that it the world is in your hands. The benefit you obtain by reading this book is actually information inside this book incredible fresh, you will get facts which is getting deeper you read a lot of information you will get. This specific Avalanche Essentials: A Step-by-Step System for Safety and Survival without we know teach the one who examining it become critical in thinking and analyzing. Don't be worry Avalanche Essentials: A Step-by-Step System for Safety and Survival can bring once you are and not make your case space or bookshelves' grow to be full because you can have it in your lovely laptop even telephone. This Avalanche Essentials: A Step-by-Step System for Safety and Survival having good arrangement in word in addition to layout, so you will not feel uninterested in reading.

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