



First You Take a Leek: Recipes With a Gourmet Touch

Maxine Jo Saltonstall, Virginia Carroll

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If the garlic is too strong, and the tender chives too weak, if your onions make you cry, Take a Leek!

It's not exactly an onion. And it's not a chive. The leek - big, simple, and often under-appreciated and misused - is in fact an indispensable flavor component to many of the most pleasing dishes that can be cooked in a kitchen. *First You Take a Leek* is fantastic light-hearted, leek-centric cookbook. It features 16 recipes for soups, stews, fish, meat, poultry, bread, salads, and more. Recipes include:

- Leek and split pea soup
- Garlic bread
- Leek soup
- Vichyssoise
- Chicken with leeks casserole
- Leeks au gratin
- La Paloma Paella
- And many more!

The light-hearted approach and whimsical illustrations make this cookbook a joy to read.

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Betty Perez:

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