



Big Brother: The Inside Story: The completely unauthorised, unofficial TRUTH behind the reality as told by those who lived it

Narinder Kaur

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Never before have we had a candid account of what it's really like to be part of the cultural phenomenon that is Big Brother. Now entering its seventh year, Big Brother is an annual event on British TV. It generates a huge amount of press and shines a spotlight on the state of Britain today.

But what do the producers really do? Have they got a hidden agenda? Do they edit to create characters? How do the media manipulate our opinions? Can they really make or break a star? And what do the contestants think? Do they feel used or do they relish the opportunity? What is life after the show like for them? Would they recommend it to others?

Narinder Kaur, a former Big Brother contestant, has travelled the country speaking with past contestants from all series as well as with TV producers and the media. Now, for the first time, we hear their thoughts, in their own words. This is the truth behind the reality.



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