



Asymmetric Sailing: Get the Most from your Boat with Tips & Advice from Expert Sailors

Andy Rice

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Learn the secrets of getting the most from your boat – whether you sail an entry level dinghy, high performance skiff, sportsboat or catamaran.

Tips, advice and some great shortcuts from expert sailors in a wide range of classes gives you the inside knowledge to improve your techniques and get ahead of the fleet. There's step-by-step guidance, and every stage of asymmetric sailing is covered, including rigging and tuning, hoists, gybes and drops, tactics, survival sailing and advanced skills for solo and crewed boats.

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