



# **The Therapist's Toolbox: 26 Tools and an Assortment of Implements for the Busy Therapist**

*Susan E. Carrell*

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Aimed at practice with individual adults and couples, this manual is a collection of nonsense, helpful techniques drawn from Susan E. Carrell's vast experience throughout her career. Each technique is complete and easy to implement in a single session. The author's jargon-free, down-to-earth writing style makes each technique easy to understand and effective to use. Carrell provides treatment objective and diagnostic aids to help the clinician meet requirements for treatment planning, as well extensive examples from her own practice.

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